

All Courses

- Are recognized by the WSIB Regulation 1101
- Meets Occupational Health and Safety requirements
- Include Red Cross manual
- Provide wallet certification card
- Three year certification
- Allow for busy schedules
- Provide on-site training
- Meet latest scientific research (ILCOR)
- Are fully insured



Experience

- First Aid Instructor since 2000
- Firefighter since 2003
- Medical Trainer for Fire Department

CPR FACTS

- About 80% of all cardiac arrests happen at home.
- Effective CPR provided immediately after cardiac arrest can double a victims chance of survival.
- CPR helps maintain vital blood flow to heart and brain and increases the amount of time that an electric shock from a defibrillator is effective.
- 95% of sudden cardiac arrest victims die before reaching the hospital
- Brain death starts to occur 4-6 minutes after a cardiac arrest if no CPR and defibrillation occurs in that time.
- Studies have shown that for every minute someone has to wait for defibrillation their chance of survival is reduced by 7-10%



For further information please contact:

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Authorized Provider

**BE THERE WHEN THEY
NEED CARE.**



First Aid & CPR Training



Valuable lifesaving skills
Certified Red Cross Instructor
Enjoyable and Flexible courses

www.pulsecpr.ca



First Aid Courses

Comprehensive and simple First Aid techniques, taught in an interactive environment for those who need training for work requirements, or who want more knowledge to respond to emergencies in the workplace, home or at play.

Standard First Aid

Course Content (in depth): preparing to respond, the EMS system, check, call, care, airway emergencies, breathing & circulation emergencies, first aid for respiratory & cardiac arrest, head & spine injuries, bone, muscle & joint injuries, wound care, sudden medical conditions and environmental emergencies

**Required by WSIB for companies with more than 5 employees at any one time who are always accessible.*

Emergency First Aid

Course Content: preparing to respond, the EMS system, check, call, care, airway emergencies, breathing & circulation emergencies, first aid for respiratory & cardiac arrest

Child Care

Comprehensive and simple First Aid & CPR training taught in an interactive environment for child care workers and those who want more knowledge to respond to babies' and children's injuries and emergencies at home.

Standard Child Care First Aid

Course Content (in depth): preparing to respond, the EMS system, check, call, care, airway emergencies, breathing and circulation emergencies, first aid for respiratory & cardiac arrest, head & spine injuries, bone, muscle, & joint injuries, wound care, sudden medical conditions, environmental emergencies, poisons, childhood illnesses, keeping children safe

Emergency Child Care First Aid

Course Content: preparing to respond, the EMS system, check, call, care, airway emergencies, breathing & circulation emergencies, first aid for respiratory & cardiac arrest, head & spine injuries, bone, muscle & joint injuries, wound care, sudden medical emergencies, poisons, keeping children safe

CPR Courses

These courses are designed to provide various levels of CPR training based on the participant's background, needs and interest. The courses deal with basic CPR and how to deal with the following emergencies: Airway management, choking, cardiopulmonary resuscitation emergencies and AED training. All CPR courses have a three year certification.

CPR A- Adult Emergencies

Intended for but not limited to Lay Public, and Workplace

CPR C- Adult/Child/Infant

Intended for but not limited to Police, Firefighters, First Responders, Workplace Response Teams, Lifeguards

CPR HCP (Health Care Providers)

Intended for but not limited to Health Care Professionals, Nurses, Paramedics, Allied Health Care Providers (such as RTs, OTs, PTs)

**Includes special workplace training with the use of BVM.*

Other Courses

- Qualitative Fit Testing
- Marine Basic First Aid & CPR
- Babysitting Course
- People Savers

Workshops

Pulse CPR also offers First Aid Workshops and consultancy. Workshops offer courses that can be adapted to various audiences.

- Baby and Child Workshops
- Intro to First Aid
- Prevention of Disease Transmission
- Custom Topics